**G.R.I.P.** (Goals, Results, Impact, Program Implication)

**Counselor**: Elizabeth Anderson, M.Ed.

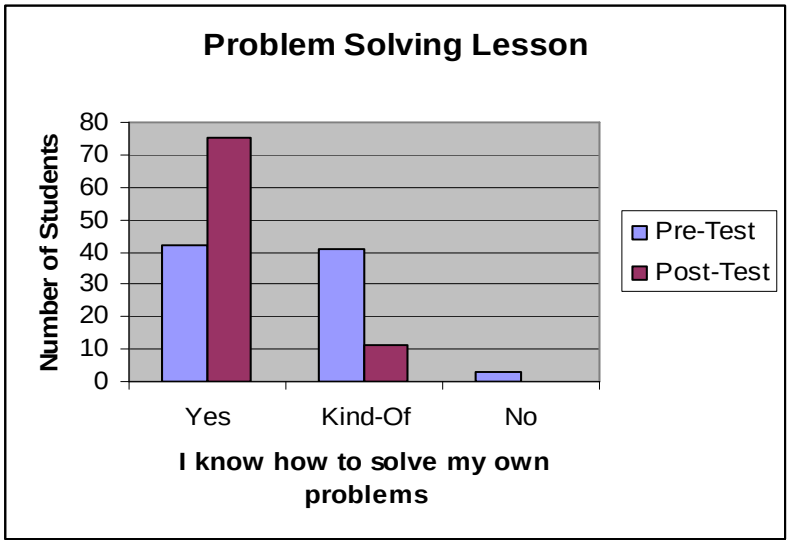
**School**: Rattlesnake Ridge Elementary

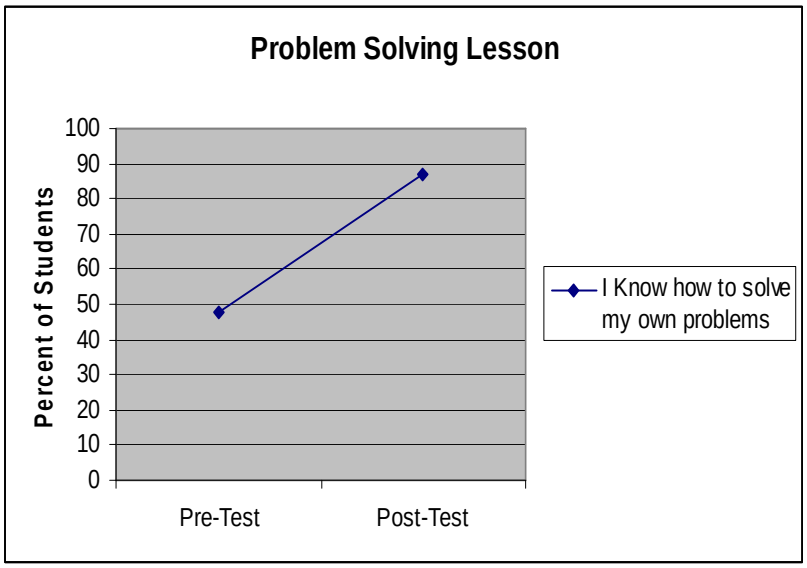
**Activity:** Problem Solving Classroom Guidance Lesson

**Grade**: 2nd grade

**Date:** December 2008

**Goal:** Students will demonstrate increased confidence in solving their own problems.




**Results:** 86 students participated in a class counseling lesson focusing on teaching students the 3 steps needed to solve their own problems.

**Pre-test:**

Before the classroom guidance lesson was delivered, 42 out of 86 students said they felt they could solve their own problems.

**Post-test:**

After the classroom guidance lesson, 75 out of 86 students said they felt they could solve their own problems.

**Impact Statement:**

After participating in the class counseling lesson, 87% of the students said they felt they could solve their own problems. This was a significant improvement from the original 48% of students who said they could solve their own problems before the lesson was delivered.

**Program Implications:** The program conducted revealed that students benefit from learning the 3 steps to solving a problem. Students who participated in the classroom counseling lesson demonstrated increased confidence to solve their own problems, without the help of an adult. This lesson emphasized to the students that kids can solve their own problems. It appears that further lessons encouraging students to solve their own problems & giving students the tools to do so could prove beneficial to this age group of students.